

L&G Acro Newsletter

Gymnastics news and things to know from this term

Term dates- This term ends on Sunday 25th March. All classes will be running as normal throughout half term.



CLUB UNIFORM

Boys - Green club shorts with club leotard or a black t-shirt

Girls - Club leotard with optional club shorts

Long hair must be tied back and all participants must have socks or gym shoes, if you want advise on gym shoes please email us or speak to us in the gym. No jewellery is allowed.

IMPORTANT SAFETY NOTICE

For the safety of all, participants must wait with their parents or guardians until there coach calls them over to start the lesson they must not enter the matted area unless told to do so by a coach.

Coach Education

well done to the following coaches for passing their latest coaching exams

Level 1 general gymnastics Aimee Morgan, Genevieve Palmer & Jessica Willis

Level 2 Acrobatic gymnastics Emily Ralph & Shannon Warner.

Anyone 12+ years who would like to learn to coach please speak to Kerrie, Gemma or Linda

Congratulations to Linda Leach for receiving the Long service to gymnastics award at the British Gymnastics South East awards 2017. Linda received this award for all her hard work & dedication for the South East region and L&G gym over many years.

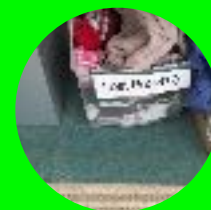


We are on Facebook



please like us so you don't miss out on any information.
L&G Acrobatic Gym Club

Lost Property



Please check the lost property regularly as every half term it is given to charity.

Date for diaries

Spelthorne Acro Cup	3rd-4th February	Acro squad
L&G invitational Acro	25th February	Acro Squad
South East Acro Qualifiers G1-2, Hastings	4th March	Acro Squad
South East Acro Qualifiers Grade 3+, Spelthorne	11th March	Acro Squad
South East Tumble Qualifiers, Gillingham	18th March	All Tumblers
London Gymfusion, The Peoples Palace	24th March	Display A team
L&G Club Championships	25th March	All Club members
Inter Regional Acro Championships, Southampton	5th-6th May	2nd & 3rd Places from Acro qualifiers
NDP Acro Finals, Stoke on Trent	18th 20th May	Winners from Acro qualifiers
Surrey, Key steps, Weybourne	10th June	5&6 yr olds 1-2 hrs of gym per week only
NDP Tumble team finals, Birmingham	16th-17th June	1st & 2nd placed gymnasts from SE qualifiers
York Gymfusion, The Barbican, York	1st July	Display A & B teams
NDP tumble finals, Motorpoint Areana, Nottingham	7th-8th July	Top 8 gymnasts from Team finals
Yate Acro summer camp	11th-14th August	selected acro squad

Term dates

Summer term 16th April - 28th July (no normal sessions during half term 28th may-2nd June)

Holiday course

Easter - 4th, 5th & 6th April

Half term - 29th, 30th & 31st May

Summer - 6th, 7th, 8th, 9th, 10th, 20th, 21st 22nd, 23rd, 24th August

Competition results

L&G have had some excellent results from the latest couple of competitions. Below are the gymnasts placed in the top 3 from Regional Championships.

Regional Acro Champs

Level 1 - Jessica Tyler & Evie grace Stokell 3rd

Jack Chasteauneuf & Mia Chambers 3rd

Level 3 - Tia Barnett & Tilly Herlingshaw 2nd

National 1 - Tiana Add & Shay Johnson 1st & SE

Regional Champions

National 2 - Lilly Miles & Sophie Atkinson 3rd

National 3 - Leyna Hilson, Georgia Banks & Elana

Watson 2nd

National 4 - Lauren Hawes & Isabella Rose 1st & SE

Regional Champions

World Age 11-16's - Elizabeth Cromwell & Annabelle

Fordham and Natasha Chan, Grace Cromwell &

Preethika Vijayakymar 1st & SE Regional Champions.

Regional Tumble Championships

Club 2 - Jack Chasteauneuf 2nd, Evie-Grace Stokell 2nd, Sophie Atkinson 3rd

Club 3 - George Higgins 1st, Isobel Harris 1st, Lilly Miles 1st, Mischa Barnett 1st, Joshua Derek 2nd, Beth Atkinson 3rd

National 1 - Hattie Rastle 2nd, Pippa King 3rd.

National 2 - Lois Allman 2nd, Isabella Rose 3rd, Fliss McGirr 2nd.

Gymnastique Magique - Disneyland Paris

Disney Routine- Display A team 3rd place

Well done to all our gymnasts for an incredible 2017, keep up the good work.

Judging

Well done to Gemma Evans for representing Great Britain at many World & European tumbling championships.

